

## <u>Welcome To</u> No Limits 4 Autism

No Limits is a registered charity. We aim to raise Autism awareness, to change community perceptions and understanding to gain social inclusion for our members.

Together we can achieve great things.

No Limits strives to create and improve opportunities for adolescents and adults with high-functioning Autism.

Members must be aged 18 or older and have left school.

We have no upper age limit for membership.

Have a look through our website to learn more about us and our projects.

If you're interested in our work and would like to support us, read about us and the projects we've contributed to in the past.

We run a membership scheme. Anyone wishing to become a member should apply via the referral form which can be found on the support page or downloads page.

We are always looking for volunteers with some knowledge of Autism and able to make a regular commitment. The application form can be found on the support page or downloads page.

If you prefer to print a full wallet of the information that is on this website, this document can be found on the downloads page.